



**Al Jalila Children's**



**3<sup>rd</sup>**

**NUTRITION  
SYMPOSIUM**

**2024**

*Agenda*

27<sup>th</sup> - 28<sup>th</sup> September 2024

Sheraton Grand Hotel Dubai

**FREE**  
REGISTRATION

# 3<sup>rd</sup>



# NUTRITION SYMPOSIUM 2024

## Introduction

As days go by, pediatric nutrition proved its cruciality and importance, especially in the pediatric field and when handling kids with critical and chronic illnesses.

Combined to the numerous fields and specialties , pediatric nutrition is now a key component when it comes to setting care plans for pediatric patients.

Being a fundamental member of the multidisciplinary team , medical nutrition therapy showed its ability to help patients recover more quickly and spend less time in the hospital.

As restrictions are now gradually being eased, Al Jalila Children's hospital, will once again , use this opportunity to highlight the various dietary updates and the vital implication of therapeutical nutrition in all the medical fields, through Dubai Health Third Nutritional Symposium – 2024



# 3<sup>rd</sup> NUTRITION SYMPOSIUM 2024

— 1<sup>st</sup> Day

— Friday 27<sup>th</sup> of September 2024

08:00 - 08:45

Registration

08:45 - 09:00

Introduction

**Ms. Alia Ali Alshowab**

09:00 - 09:05

Welcome note

**Dt. Masooma Aljasmi**

Head of Nutrition Department- Al Jalila Children's Specialty Hospital

09:05 - 09:10

Keynote Speaker

**Dr. Ibrar Majid**

Medical Director, Al Jalila Children's Specialty Hospital

## Session One

Chairperson: **Dr. Balaji Krishnamurthy**

09:15 - 09:35

Metamorphosis of the Dietary Treatment in Pediatric Inflammatory Disease

**Dr. Christos Tzivinikos**

09:35 - 09:55

New Insights on Dietary Therapy of Crohn's Disease; Past, Present and Future

**Dr. Konstantios Gerasimidis**

09:55 - 10:15

Management of Cow's Milk Protein Allergy

**Dr. Shireen Marzouk**

10:15 - 10:25

Panel discussion and felicitating the speakers and chairperson

10:25 - 10:40

Coffee Break



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— 1<sup>st</sup> Day

— Friday 27<sup>th</sup> of September 2024

## Session Two

Chairperson: **Dt. Masooma Aljasmi**

10:40 - 11:00

A Practical Approach to Organic Aciduria's  
**Dr. Hamda Abulhoul**

11:00 - 11:20

Urea Cycle Defects  
**Dr. Samir Khalid Munir**

11:20 - 11:40

The Role of Synbiotics in Fixing the Dysbiosis  
**Dr. Ahmed Abdelaal**

11:40 - 12:00

Optimal clinical management of children receiving ketogenic diet for epilepsy: Latest Updates ([Virtual](#))  
**Dr. Hadi Helali**

12:00 - 12:10

Panel Discussion and Felicitating the Speakers and Chairperson

## Special Session

12: 10 - 12:40

Work with your Stress  
**Dr. Silvia King**

12:40 - 14:00

lunch and prayer



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— 1<sup>st</sup> Day

— Friday 27<sup>th</sup> of September 2024

## Session Three

Chairperson: **Dt. Nazneen Zara**

14:00 - 14:20

Laboratory Tests to Assess Nutrition

**Dr. Ajmal Kader**

14:20 - 14:40

Overlap of FGID's with CMPA

**Dr. Naeem Ayub**

14:40 - 15:00

The Aerodigestive Service - a Multidisciplinary Model for Helping Children with Complex Medical and Nutrition Needs

**Dr. Hayat Adib**

15:00 - 15:10

Panel Discussion and Felicitating the Speakers and Chairperson

15:10 - 15:25

Coffee Break



## Session Workshops

15:25 - 16:10

Ketogenic Diet Calculations and Case Studies

**Dt. Masooma Al Jasmi**

16:10 - 16:55

Nutrition Management for PKU

**Dt. Hanadi Al Gabeesh**

16:55 - 17:00

**Closing Note**

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# 3<sup>rd</sup> NUTRITION SYMPOSIUM 2024

— 2<sup>nd</sup> Day

— Saturday 28<sup>th</sup> of September 2024

## Session one

Chairperson: **Dt. Hesham Mustafa**

- |               |  |
|---------------|--|
| 09:00 - 09:20 | Clinical and nutritional aspects in pediatric patients with ESRD on Dialysis<br><b>Dr. Martin Bitzan</b> |
| 09:20 - 09:40 | Nutritional management in pediatric patients with ESRD on Dialysis<br><b>Dt. Nazneen Zara</b>            |
| 09:40 - 10:00 | The Role of High Caloric Formula in Faltering Growth Baby<br><b>Dr. Wael Abdelaal</b>                    |
| 10:00 - 10:40 | Feeding and Swallowing in Infants with Congenital Heart Disease<br><b>Ms. Karen Golightly</b>            |
| 10:40 - 10:50 | Panel Discussion and Felicitating the Speakers and Chairperson   |
| 10:50 - 11:05 | Coffee Break          |



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— 2<sup>nd</sup> Day

— Saturday 28<sup>th</sup> of September 2024

## Session Two

Chairperson: **Dt. Lubna Dhalani**

- 11:05 - 11:25 | Exploring the Role of AI and Technology in Addressing Childhood Obesity  
**Dr. Ali Sarhan**
- 11:25 - 11:45 | Epidemic Childhood Obesity: Role of Early Dietary Intervention  
**Dt. Mona Joumaa**
- 11:45 - 12:05 | Nourishing Tiny Tummies: How Proper Nutrition Shapes Pediatric Gut Health  
**Dt. Natacha Ajaka**
- 12:05 - 12:15 | Panel Discussion and Felicitating the Speakers and Chairperson

## Session Three

Chairperson: **Dt. Natacha Ajaka**

- 12:15 - 12:35 | Role of Dietitian in Anorexia Nervosa.  
**Dt. Lina Doumani**
- 12:35 - 12:55 | Nutritional Risks and Intervention in Children with ARFID  
**Dt. Yasmine Haddad**
- 12:55 - 13:15 | Enteral Nutrition in the Pediatric: Initiating & Monitoring and Management of Complications  
**Dt. Hesham Mostafa**
- 13:15 - 13:25 | Panel Discussion and Felicitating the Speakers and Chairperson
- 13:25 - 14:30 | Lunch break 

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## Session Four

Chairperson: **Dt. Hanadi Al Gabeesh**

14:30 - 14:50

Nutrition Considerations for Children with Beta Thalassemia Major

**Dt. Farheen Dhinda**

14:50 - 15:10

The Challenges Involved in Treating Pediatric Population with Obesity and Diabetes

**Dr. Anju Jacob**

15:10 - 15:30

Streamlining Carbohydrate Counting through Technological Optimization

**Ms. Zainab Alabadla**

15:30 - 15:45

Coffee Break



## Session Workshops

15:45 - 16:30

Carbohydrate Counting & its Importance

**Dt. Lubna Dhalani**

**Dt. Hind Al Zarooni**

16:30 - 16:35

**Closing Note**

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# NUTRITION SYMPOSIUM 2024



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